

Trainingsschema Sporting Martinus 2026-2027

Maandag	Veld 1				Veld 2				Veld 3				Veld 4		Keepershoeck	Maandag									
	Rechts		Links		Rechts		Links		Rechts		Links														
	1A1	1A2	1B1	1B2	2A1	2A2	2B1	2B2	3A1	3A2	3B1	3B2	4A	4B											
16.30 - 16.45			AMITY		JO12- 3/4/5/6/7				JO11- 5/6/7				JO11-1/3			16.30 - 16.45									
16.45 - 17.00																16.45 - 17.00									
17.00 - 17.15			MO11/12						MO13		JO13- 4/5/6/7					JO14-1 za JO14-2 za		JO15-1 za JO15-2 za		Keepers	17.00 - 17.15				
17.15 - 17.30																					17.15 - 17.30				
17.30 - 17.45	MO15				MO17		JO16-1 za								JO17-1 za		Trainers Cursus	17.30 - 17.45							
17.45 - 18.00																		17.45 - 18.00							
18.00 - 18.15			JO19-1 za								Zat4		VrZat 1					JO19-1 zo		JO19-3 zo		7v7	18.00 - 18.15		
18.15 - 18.30																							18.15 - 18.30		
18.30 - 18.45																Keeper-school Patrick Gerlof	18.30 - 18.45								
18.45 - 19.00																	18.45 - 19.00								
19.00 - 19.15			19.00 - 19.15																						
19.15 - 19.30			19.15 - 19.30																						
19.30 - 19.45														19.30 - 19.45											
19.45 - 20.00														19.45 - 20.00											
20.00 - 20.15														20.00 - 20.15											
20.15 - 20.30														20.15 - 20.30											
20.30 - 20.45														20.30 - 20.45											
20.45 - 21.00														20.45 - 21.00											
21.00 - 21.15														21.00 - 21.15											
21.15 - 21.30														21.15 - 21.30											
Dinsdag	Veld 1				Veld 2				Veld 3				Veld 4		Keepershoeck	Dinsdag									
	Rechts		Links		Rechts		Links		Rechts		Links														
	1A1	1A2	1B1	1B2	2A1	2A2	2B1	2B2	3A1	3A2	3B1	3B2	4A	4B											
16.30 - 16.45	JO11-1/3		JO11-2/4						JO12-1/2				WEDSTRIJD			16.30 - 16.45									
16.45 - 17.00																16.45 - 17.00									
17.00 - 17.15					JO13-1		JO13-2		JO13-3		Keepers	17.00 - 17.15													
17.15 - 17.30												17.15 - 17.30													
17.30 - 17.45	JO16-1 za		JO17-1 za									Keepers	17.30 - 17.45												
17.45 - 18.00													17.45 - 18.00												
18.00 - 18.15					JO15-1 za		JO14-1 za		WEDSTRIJD		JO16-2 za		JO14-2 za	Keepers	18.00 - 18.15										
18.15 - 18.30															18.15 - 18.30										
18.30 - 18.45																				Keepers	18.30 - 18.45				
18.45 - 19.00																					18.45 - 19.00				
19.00 - 19.15					19.00 - 19.15																				
19.15 - 19.30					19.15 - 19.30																				
19.30 - 19.45														19.30 - 19.45											
19.45 - 20.00														19.45 - 20.00											
20.00 - 20.15														20.00 - 20.15											
20.15 - 20.30														20.15 - 20.30											
20.30 - 20.45	Zon1				Zon2				Masters Dinsdag		Zat2		Zon3			20.30 - 20.45									
20.45 - 21.00																20.45 - 21.00									
21.00 - 21.15																21.00 - 21.15									
21.15 - 21.30																21.15 - 21.30									
Woensdag	Veld 1				Veld 2				Veld 3				Veld 4		Keepershoeck	Woensdag									
	Rechts		Links		Rechts		Links		Rechts		Links														
	1A1	1A2	1B1	1B2	2A1	2A2	2B1	2B2	3A1	3A2	3B1	3B2	4A	4B											
14.30 - 14.45	WL & CC				JO8-4/5/6 JO9-4/5/6/7				JO10-4/5/6/8 MO10				O10-3/7			14.30 - 14.45									
14.45 - 15.00																14.45 - 15.00									
15.00 - 15.15																15.00 - 15.15									
15.15 - 15.30																15.15 - 15.30									
15.30 - 15.45	JO8/9/10-sel				JO11-5/6/7 MO11				JO12-3/4/5/6/7 MO12							15.30 - 15.45									
15.45 - 16.00																15.45 - 16.00									
16.00 - 16.15																16.00 - 16.15									
16.15 - 16.30																16.15 - 16.30									
16.30 - 16.45	JO14-1/2/3 zo MO13				JO13- 4/5/6/7				JO15-1/2/3 zo				MO15		Keepers	16.30 - 16.45									
16.45 - 17.00																16.45 - 17.00									
17.00 - 17.15																17.00 - 17.15									
17.15 - 17.30																17.15 - 17.30									
17.30 - 17.45	JO17-1/2 zo				JO19-1/2 zo				JO16-1/2/3 zo				JO17-3		Keepers	17.30 - 17.45									
17.45 - 18.00																17.45 - 18.00									
18.00 - 18.15																18.00 - 18.15									
18.15 - 18.30																18.15 - 18.30									
18.30 - 18.45	JO17-1/2 zo				JO19-1/2 zo				JO16-1/2/3 zo				JO17-3		Keepers	18.30 - 18.45									
18.45 - 19.00																18.45 - 19.00									
19.00 - 19.15																19.00 - 19.15									
19.15 - 19.30																19.15 - 19.30									
19.30 - 19.45	Vr Zat1		Zat4		Zon4 (was Zon6) Zat5		Vet35+		Zat3		Zon5		Vet45+			19.30 - 19.45									
19.45 - 20.00																19.45 - 20.00									
20.00 - 20.15																20.00 - 20.15									
20.15 - 20.30																20.15 - 20.30									
20.30 - 20.45	Zon1				Zon2				JO19-1 za		Zon7		Zon6 (was Zon8)			20.30 - 20.45									
20.45 - 21.00																20.45 - 21.00									
21.00 - 21.15																21.00 - 21.15									
21.15 - 21.30																21.15 - 21.30									
Donderdag	Veld 1				Veld 2				Veld 3				Veld 4		Keepershoeck	Donderdag									
	Rechts		Links		Rechts		Links		Rechts		Links														
	1A1	1A2	1B1	1B2	2A1	2A2	2B1	2B2	3A1	3A2	3B1	3B2	4A	4B											
16.30 - 16.45	JO11-1/3		JO11-2/4						JO12-1/2				WEDSTRIJD			16.30 - 16.45									
16.45 - 17.00																16.45 - 17.00									
17.00 - 17.15					JO13-1		JO13-2		JO13-3		Keepers	17.00 - 17.15													
17.15 - 17.30												17.15 - 17.30													
17.30 - 17.45	JO16-1 za		JO17-1 za						JO14-2 za (18:00-19:30)			JO16-2 za (18:30-20:00)		MO17	Keepers	17.30 - 17.45									
17.45 - 18.00																17.45 - 18.00									
18.00 - 18.15					JO15-1 za		JO14-1 za		JO15-2 za (18:30-20:00)		JO16-2 za (18:30-20:00)		MO17			Keepers	18.00 - 18.15								
18.15 - 18.30																	18.15 - 18.30								
18.30 - 18.45																				Keepers	18.30 - 18.45				
18.45 - 19.00																					18.45 - 19.00				
19.00 - 19.15					19.00 - 19.15																				
19.15 - 19.30					19.15 - 19.30																				
19.30 - 19.45														19.30 - 19.45											
19.45 - 20.00														19.45 - 20.00											
20.00 - 20.15														20.00 - 20.15											
20.15 - 20.30														20.15 - 20.30											
20.30 - 20.45	Zon1				Zon2				JO19-1 za		Zon7		Zon6 (was Zon8)			20.30 - 20.45									
20.45 - 21.00																20.45 - 21.00									
21.00 - 21.15																21.00 - 21.15									
21.15 - 21.30																21.15 - 21.30									
Vrijdag	Veld 1				Veld 2				Veld 3				Veld 4		Keepershoeck	Vrijdag									
	Rechts		Links		Rechts		Links		Rechts		Links														
	1A1	1A2	1B1	1B2	2A1	2A2	2B1	2B2	3A1	3A2	3B1	3B2	4A	4B											
16.30 - 16.45	JO8/9/10-sel				JO8-4/5/6 JO9-4/5/6/7				JO10-3/4/5/6/7 MO10							16.30 - 16.45									
16.45 - 17.00																16.45 - 17.00									
17.00 - 17.15																JO14-1/2/3 zo		JO15-1/2/3 zo		JO16-1/2 zo		JO16-3		Keepers	17.00 - 17.15
17.15 - 17.30																									17.15 - 17.30
17.30 - 17.45							Keepers	17.30 - 17.45																	
17.45 - 18.00								17.45 - 18.00																	
18.00 - 18.15								JO19-2 zo		JO17-1/2 zo		JO17-3		Keepers	18.00 - 18.15										
18.15 - 18.30															18.15 - 18.30										
18.30 - 18.45	18.30 - 18.45																								
18.45 - 19.00	18.45 - 19.00																								
19.00 - 19.15	7v7		7v7		7v7							Keepers	19.00 - 19.15												
19.15 - 19.30													19.15 - 19.30												
19.30 - 19.45													19.30 - 19.45												
19.45 - 20.00													19.45 - 20.00												
20.00 - 20.15														20.00 - 20.15											
20.15 - 20.30														20.15 - 20.30											
20.30 - 20.45														20.30 - 20.45											
20.45 - 21.00														20.45 - 21.00											
21.00 - 21.15														21.00 - 21.15											
21.15 - 21.30														21.15 - 21.30											